

welcome

to Italy!
For Master's Students

Advanced Studies and
Graduate Schools Department
www.unicatt.it



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Università Cattolica del Sacro Cuore
Welcome Service
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Why Italy?

Due to its geographical position, Italy has direct contacts with the main ethnic and cultural areas of old Europe (neo-Latin, Germanic, and Slav-Balkan areas) as well as, with the world of Arab-Islamic civilisation through North-African countries. Consequently, while still anchored in European and Western civilisation, Italy can be considered as a natural link to those African and Asian countries which border on the Mediterranean and have shared historical events and cultural influences over many centuries.

Italian culture is deeply rooted in ancient Greek and Roman civilisations which flourished on the peninsula for over a millenium and left their imprint everywhere in the country in works of art, the legal system, Italian traditions.

After the decay of the Roman empire, through the Middle Ages and the Renaissance up to the Modern Age, Italy developed its own civilisation, an interesting combination of traditions and innovations stimulated by the influence of the Christian faith. It became the cradle of visual arts, music, poetry, literature. At the same time, Italy promoted the development of the modern philosophical thought, science and research, and establishing universities that are among the most ancient in the world.



In more recent years, Italy has played an important role in European higher education: it is one of the four countries that was engaged to create the so-called "European Area of Higher Education" (Sorbonne Declaration, May 1998), thus starting a type of higher education reform, known as "The Bologna Process" (Bologna Declaration, June 1999), which is being implemented all over Europe. Today Italy ranks among the 8 most industrialised countries in the world. Alongside some big companies, both state-owned and private, it has developed a sound network of small and medium-sized enterprises, promoted scientific parks, and is incentivating basic and applied research in a great variety of fields (biology, ICT, medicine, physics, etc.).

Università Cattolica del Sacro Cuore

The largest private University in Europe



Five campuses (Milan, Brescia, Piacenza-Cremona, Rome and Campobasso), 14 faculties, 52 three-year degrees undergraduate, 42 graduate level degrees, 1 four-year degree, over 100 master's tracks, 53 specializations and 5 Postgraduate Schools. These are the basic numbers that characterize the Università Cattolica del Sacro Cuore, founded in 1921 by Father Agostino Gemelli and legally recognized by the Italian state on October 2nd, 1924. During the university's distinguished history, there have been six University Presidents since Father Gemelli: Francesco Vito, Ezio Franceschini, Giuseppe Lazzati, Adriano Bausola, Sergio Zaninelli, and the current acting President - Lorenzo Ornaghi.

Among the universities which award legally recognized degrees, [the Università Cattolica del Sacro Cuore is the most comprehensive](#)

[and complete in Italy.](#) Our network of Cultural Development Centers extends as far as the Italian islands, making our University strongly national, with the added bonus of also being recognized in the international scientific community.

Thanks to its prestigious faculty, the Università Cattolica excels in the diverse study opportunities that it offers, both in the humanities, and the scientific fields. Through the courses offered, combined with strong research programs, the university values and promotes an interdisciplinary approach which helps students gain scientific knowledge in a responsible and autonomous fashion.

Our extensive research programme closely collaborates with 16 internal colleges, 62 departments and 93 research centers. Their common goal is the understanding and study of topics that have proved vital to the well being of each human being: the new frontiers of economics, bioethics, environmental recuperation, developments in the judicial fields, family dynamics, major mass phenomena, the evolution of political systems, new horizons in medicine, the technological applications of physics and mathematics, and the most recent discoveries in environmental research.

Opportunities for academic development and growth do not by any means end with the conferral of degrees, but are continually enhanced through further opportunities available to alumni already launched in professional careers, by keeping them in contact with almost 42,000 enrolled Cattolica students through extra curricular and post-graduate activities.

[The attention given to individual students](#) and their specific interests starts with enrolment and continues throughout and beyond the completion of a diploma or degree. In fact, it is thanks to the many services offered by the Cattolica, such as orientation activities, specialized tutoring labs specifically designed to accompany and guide students along their academic path, internships and stages, study abroad and Erasmus programs both in and beyond European countries, and job-placement services which help students select a future career, that we establish a strong tie between the university and the professional world.



The City of Milan

Milan has always been located at the centre of economic and cultural exchanges, constituting a strategic node for the Italian economy, and for Europe and the international community, thanks not least to its position, in the middle of the continent's north-south and east - west flows.

The area of Milan is one of the most complex territorial settings in Europe from a social and economic-production point of view.

It is the leading metropolitan area in Italy: in terms of dimensions, economic importance, cultural level and political influence, "Greater Milan" is in many respect the centre of the Italian economy, comparable in importance with the largest developed regions in Europe.

The "Greater Milan" area is the most developed Italian territory, excelling in its traditional production and industrial sectors, and especially in the tertiary sector, particularly as regards services to companies, encouraging the development of highly specialised activities.

Milan's economy is powered by its advanced tertiary sectors e.g. fashion, design, finance and publishing.

The city's excellences include top fashion, with outlets representing all the most famous Italian and international names, located mainly in the so-called "fashion triangle" (Via MonteNapoleone, Via Della Spiga, Via St. Andrea, via Manzoni).

As regards economy and finance, Milan is the home of 326,000 active companies, Italian and foreign bank institutes and the Italian Stock Exchange. The city's GDP is equivalent to no less than 10% of the national GDP.

Finally, publishing and communication are represented by 700 publishers, 30% of the national supply as regards periodicals and 12% of daily newspapers, as well as Rai and Mediaset headquarters and satellite TV stations.

Other leading Milan economic sectors include advanced research (health and biotechnologies) and the chemical and mechanical industries.

Universities constitute centres of attraction for the development of the city and its territory.

Milan's higher education system comprises 11 University centres (44 faculties, 174,000 new students a year, equal to 10% of the entire Italian university population), offering students and researchers the chance to choose from a wide range of disciplines, training courses, study and specialisation grants, internships in companies etc.

The significant presence of students from all over Italy and abroad (approx. 5,000 foreign students registered a year) also contributes to the city's dynamism.



Travelling around Milan

The University is located in the centre of Milan between the underground stations of Cadorna (red and green line) and St. Ambrogio (green line).

The University is 5 minutes' walk from both station, and is situated behind the Basilica of St. Ambrose.

Underground

The underground system in Milan has 3 lines: red, green and yellow.

Tickets can be purchased either at the automatic machines in the underground stations, or at the newspaper kiosks everywhere in the city.

Tickets are valid for 75 minutes both for underground and for buses or trams. If you use the ticket first on surface transport, you must stamp it again if you catch the underground.

One ticket cost: 1 €

10 tickets: 9,20 €.

A weekly ticket cost: 6,70 €.

Bus and Tram

A wide network of buses and trams covers the whole city and generally reaches all the main places within half an hour. Buses 50 and 58 stop very near the University and can comfortably take you to the city centre. www.atm-mi.it/ATM/eng

Taxi

The Milan Licensed Taxis are usually white or yellow cars. Do not accept offers of taxis inside the railway station or airports; go to an official taxi rank.

HOW TO REACH MILAN:

From Linate Airport

By Bus: there are two buses that will take you into Milan:

- 73 bus, which is an ordinary city bus whose last stop is at St. Babila Square behind the Duomo (Cathedral). Price : 1 €;
- Airbus, which stops beside the Central Station where you can get the underground (green or yellow line). Price : 5 €.

From Malpensa Airport

By Train:

- Malpensa Express connects Malpensa Airport to the centre of Milan (Cadorna Station). The journey takes 40 minutes, and trains leave in both directions every half-hour.

By Bus:

- Airbus that stops beside the Central Station where you can get the underground (green or yellow line). Price : 7 €

The UCSC Campus Site in Milan

The Università Cattolica del Sacro Cuore in Milan was inaugurated on December 7th, 1921. From the very first degrees awarded in Philosophy and Social Sciences, held at the historic site in via S. Agnese, the solid foundations established by Father Agostino Gemelli have become a part of the scholarly Milanese world. The essence of these foundations are that a university should constantly foster cultural growth, both temporal as well as spiritual.

In 1932, when more space was needed for the expanding university activities, the Cistercian Monastery of the Saint Ambrose Abbey, designed by Bramante, was chosen as an appropriate site. This has remained the main campus of our University, in the years that followed, the physical structure has been remodelled and enriched, such as changes to the façade (designed by the famous architect Muzio), where bronze statue representing Christ the King, sculpted by Giannino



Castiglioni, now dominates the entrance.

From 68 students in 1921 to the 30,000 currently enrolled, it is evident how the Università Cattolica Milan campus brought into being a major academic community of 12 departments, 19 internal departments and 35 research centers, which make up a total of 9 Faculties: Business, Law, Humanities, Foreign

Languages and Literature, Education Sciences, Finance, Banking and Insurance Sciences, Political Science, Psychology and Sociology. These Faculties now facilitate 17 degrees and 5 university diplomas.

The Milan campus remains the historic university site, along with four other campus sites that have been opened on Italian territory throughout the years (Rome, Piacenza, Brescia, Campobasso).

Studying in Milan means contact with a multifaceted and practical reality, enhanced by requests coming from the professional world. As a services to students, the “University - Professional World Committee” provides the necessary contacts with the professional environment. Cattolica students are also offered the opportunity to work part-time for services within the university, as well as opportunities for stages and internships outside. Last, but not least, as part of the teaching program, the university offers a wide range of opportunities related to continuing education, as well as academic activities designed to ensure a constant interface with both the scholarly and spiritual side of current students and alumni.

The campus offers a complete range of services which all share a common goal: meeting the needs of a large student population. The campus may best be described as “a city within the city”, where learning the ropes is easy thanks to effective tutoring services and competent academic advisors and coordinators.

Facilities and Resources

The library

Keeping pace with the rapidly changing world of information is one of the main objectives of our Library System. With its rich bibliographic heritage of 1.295,000 books and pamphlets, 17,202 current and historical periodicals, rare and valuable collections, and with its constant updating of databanks and electronic equipment, the Library System has taken up this exciting challenge, providing essential support to the University's most important and prestigious activities and to the whole Scientific Community.

The card catalogue of the Library has been recently transferred to the electronic catalogue OPAC (OnLine Public Access Catalogue)

http://millennium.unicatt.it/search*eng

The library offers 12 reading and consulting rooms and 1,350 places for students and visitors.



A half day course is offered free to UC students to learn to use the internet for bibliographic searches and consultations.



Vita e Pensiero

Vita e Pensiero - founded in 1918 - is the University's own publishing house. Its activities are focused mainly on the field of university publications with scientific titles (17 reviews) and didactics. The catalogue also comprises one section of general essays of human sciences.

The bookshop

The bookshop of the Milan campus complements the publishing activity, supplying "Vita e Pensiero" publications to students at discounts of up to 40%, and also distributes books by other publishers that are used on university degree courses, as well as the most interesting books of general interest. The bookshop has access to the Alice CD Programme, a database of books available on the Italian market.



Università Cattolica Choir



For more than twenty years our university choir, a much appreciated opportunity for cultural cooperation, has been enriching the musical scene of Milan and of Europe. Its many concerts and collaborations with various other Lombardy musical schools and its tours all over Europe are evidence of its high level of artistic and cultural prestige.

Membership is open to anyone who belongs to either the Università Cattolica or one of the other

universities in Milan. No specific musical knowledge is required, one merely has to go along before or after a rehearsal or ask for an appointment with the conductor, Angelo Rosso.

Pastoral centre

Any academic institution must consider it a primary objective to develop each individual according to his or her own particular talents and to pass on values that go beyond the mere knowledge of a subject or an academic discipline: and this is even more true of our university which pursues the end of providing an all-round education.

The pastoral centre is a place within the Università Cattolica where students, teachers, technical and administrative staff can freely explore their own personal path along with the spiritual assistants appointed by the Italian Episcopal Conference who run the university pastoral centre under the guidance of the general ecclesiastical assistant.

Among the events it organises throughout the year to promote a link between faith and culture and a livelier sense of belonging to the university are prayer meetings, special celebrations of Holy Communion, orientation meetings for new students and final leaving celebrations for graduands, catechism courses, round tables open to all aspects of the relationship between faith and culture, meetings of spiritualities, scripture readings, and spiritual exercises. These pastoral activities are centred around the chapel of the Sacred Heart (Sacro Cuore) and the chapel of St. Francis (S. Francesco), which is set aside for private meditation.

Language courses

Courses of Italian language and culture are intended to help students from abroad make their stay the best experience possible: you will be able to learn and/or extend your knowledge of the language and life in Italy and how to communicate with the Italian people.

You will be taught by a team of mother tongue teachers, all qualified and experienced. Our teachers know what difficulties you are likely to encounter and will be able to point you in the right direction to optimise your learning curve.

You will learn at lessons offering contexts that involve you, where your participation is essential. The materials and activities, e.g. role plays and group work, are carefully selected to give you the opportunity to communicate effectively early on.

For a semester course (60 credits) the fee is 450 €.



Self Service Restaurant

Near the University Campus you can find various Self Service Restaurants which offer a complete dinner or lunch (not breakfast) at 5 € for master's students.

Cultural and sports service

Since we believe that university represents the fundamental educational experience which guarantees an individual's critical openness towards all the different kinds of cultural and sporting activities, we ensure that our students have access to economic and organisational help with:

- reduced price cinema, theatre and concert bookings
- organising conferences, seminars, conventions and cultural exhibitions within the university
- undertaking cultural tours in Italy and abroad
- membership of the university sports centre (CUS)

In the year 2006/07 UC volley and basket teams gained the prestigious University Championship of Milan and in 2008 they will be taking part in the International Championships held in Paris and Barcellona.

University Sports Centre (CUS)

It is very easy for our students to become members of CUS Milano, the sporting body which has promoted and organised sporting events of all kinds for Milan's university community for more than fifty years.

CUS Members have free access to a whole range of benefits and discounts with gyms, sports centres and shops and to the Idroscalo Multi-sport Centre, CUS Milano's headquarters, where they run courses in all kinds of activities including canoeing, rowing, tennis, sailing, windsurfing and spinning.

CUS Milano is the perfect place for anyone who loves sport: it offers the chance to participate in the various activity sections and sports clubs either on a recreational or a competitive basis.

And that's not all: CUS Milano also organises tournaments between the various university faculties, and both summer and winter international sports meetings with representatives of foreign universities and campuses. www.cusmilano.it

Student and Youth Tourism Centre (CTS)

One of our aims is to help our students gain educational and cultural experiences that make the process of knowing a pleasure: the **Student and Youth Tourism Centre (CTS)** is an agency that can provide young undergraduates with the very best travel opportunities, or can organise study tours with the following services:

- tourist bookings
- sales of tourism services and of the international students' card
- ticket office.

CTS Largo A. Gemelli, 1 - 20123 Milano
2nd cloister Staircase E Passage - ground floor
Telephone: +39 02 805 67 38

Entry Requirements and Applications

Master's Programmes

First Level Master's degree

This level is designed for students who have completed a three-year undergraduate programme. The Master offers the possibility to develop a very specific professional profile for the purpose of immediately entering the business world.

Second Level Master's degree

This level is aimed at professionals with previous work experience who need to improve their knowledge so as to further their careers.

A four or five year undergraduate degree is required.

Applicants are required to produce evidence of ability in the language in which the Master's programme is taught.

Please be aware that every year only a limited number of students are selected for Master's courses (check www.unicatt.it/masteruniversitario for the entry intake on each programme).

Applicants are selected on the basis of both their CV and a written test and/or an interview.

Visit the web site
www.unicatt.it/masteruniversitario
for information about UCSC Master's programmes.

Fees and Costs

Tuition fees

Information about tuition fees for each Master programme is available at www.unicatt.it/masteruniversitario

Grants and Scholarships

There are various opportunities for foreign students, especially coming from non-EU countries. Information about grants and fee reductions are available on the web site of each Master programme.

SWOP Programme

With the aim of promoting the international relationships of the Milan University system, the Catholic University and the Chamber of Commerce of Milan assign 20 scholarships to qualified Master's and PhD's candidates coming from those areas of general interest for the Milanese economic system (Latin America, Mediterranean area, East Europe, Asia).
email: swopprogram@unicatt.it

Living costs

Accommodation costs more the nearer you get to the city centre. An average cost for a room in a flat in a reasonably central location is about 300-400 €. Note the difference between the offer of a “camera” or “stanza” (a room of your own) and a “posto letto”, which will almost certainly mean sharing a room with one or two other people. Generally a month’s deposit (“cauzione”) is required.

Estate agents are listed in the yellow pages under “agenzie immobiliari”. An agency fee of approximately 1 month of rent is due when the contract is signed.

Opportunities of flats to share with other students or Italian families are available on the web sites <http://www.secondamano.it>, <http://www.attico.it> and <http://www.piuca.se.it> or consulting the notice board spread in the main building of the University.

If renting a flat or house, it is necessary to register at throughout the town hall. The local tax (Tassa di Registro) is paid 50% by the owner and 50% by the tenant.

It is a good idea to check the inventory list carefully when you sign the contract. It should itemize everything in the apartment and state its condition.

Another option is to stay with an Italian family as an “au pair”: this provides cheaper accommodation, and provides opportunities for making friends and becoming fluent in Italian.

Once in Milan, while looking for a definite accommodation, the Welcome Service in UCSC can give you some addresses and suggestions for temporary lodging in a Hostel or for an “au pair” accommodation.

Here are some prices:

	Per day (average)	Per month (average)	Board included
Temporary Lodging			
Hostel	25 €	500 €	no
Pension	30 €	650 €	yes
Permanent Lodging			
Single Room in flat or house (<i>near University</i>)	30 €	500 €	no
Double Room in flat or house (<i>near University</i>)	25 €	400 €	no
Single Room in flat or house (<i>far from University</i>)	25 €	450 €	no
Double Room in flat or house (<i>far from University</i>)	15 €	350 €	no
Single Room in Residence for students	25 €	650 €	yes
Double Room in Residence for students	20 €	550 €	yes

How to Apply

Foreign applicants are required to produce the following documents:

1. Application form
(to be completed online see the web site <http://unicatt.it/masteruniversitario>)
2. Three passport-size photos
3. Copy of passport or EU identity card document
4. Certified transcripts of grades (original)
5. Applicants who have a Degree Certificate issued by a foreign University must provide the *Dichiarazione di Valore** as well

*Any Degree Certificate issued by a foreign country must be recognized by the Università Cattolica del Sacro Cuore. The Italian Diplomatic Delegation of the country/region where the student completed his/her university studies is the only body authorized to issue a “*Dichiarazione di Valore*” (certificate of value) that authenticates a foreign degree. In order to obtain the “*Dichiarazione di Valore*” the applicant must provide a notarized translation of the diploma in the Italian language to the relevant Italian consulate or embassy.

The documents must be sent as follows:

Applications from EU CITIZENS

The original degree certificate, the Italian translation and the “*Dichiarazione di Valore*” (if necessary) must be sent to:

Università Cattolica del Sacro Cuore - Ufficio Master

Via Carducci, 28/30 - 20123 Milan - Italy

Applications from NON-EU CITIZENS

According to Italian law no Italian University may receive applications directly from NON-EU citizens. Therefore **NON-EU citizens must apply via the local Italian embassy or consulate.**

This means that the applicant will submit application documents to the local Italian embassy or consulate, which will deliver them to:

Università Cattolica del Sacro Cuore - Ufficio Master

Via Carducci, 28/30 - 20123 Milan - Italy

The applicants will be contacted for an in-person or phone interview.

How to Stay in Italy

To legally reside in Italy, foreign nationals must have legally entered Italian territory with a passport or equivalent travel document and an entrance visa, except in cases of exemption laid out by international agreements.

Foreign nationals must request a residency permit from the police department (Questura) of the province where they are staying within eight working days of their entrance.

If necessary, Applications for residency permits and cards may be presented at post offices, using the kit available at these offices.

Residency permits not issued for work or family reasons are valid for the period specified by the entry visa.

Their validity period may not, in any case, exceed one year, for a course of studies or job training. Student permits for courses of more than one year may be renewed annually.

Residency permit for study reasons

(Art. 39 of Legislative Decree no. 286/98 and subsequent amendments; Articles 44 bis, 45 and 46 of Presidential Decree no. 394/99 and subsequent amendments).

- a) Application (to be taken to the post offices);
- b) Complete photocopy of passport;
- c) The following must be produced for a first issue of the residency permit:
 - 1) Photocopy of the statement certifying the course of study to be taken, certified by the Italian Diplomatic/Consular mission when the entry visa is issued;
 - 2) Photocopy of insurance policy, valid throughout the country and for the entire period of validity of the residency permit, against the risk of illness and injury.
- d) The following must be produced in order to renew a residency permit:
 - 1) Photocopy of the documentation certifying to the availability of adequate financial resources for the validity period of the residency permit. The working student may supply proof of income by filling in form 2:
 - 2) Photocopy of insurance policy, valid throughout the country for the entire period of validity of the residency permit, against the risk of illness and injury.
 - 3) Photocopy of the statement certifying that at least one exam has been successfully passed for the 1st renewal, and at least 2 exams have been successfully passed for each successive renewal of the residency permit, except in case of an Act of God.

Notes

- 1) Residency permits for study reasons permit part-time work to be carried out for a maximum of 20 weekly hours and a yearly limit of 1,040 hours.
- 2) The residency permit for study reasons may only be renewed if the entry visa was issued to attend a study course of more than one year in length.
- 3) Residency permits for study reasons cannot be renewed in any case for more than three years beyond the duration of the study course.
- 4) Residency permits for study reasons cannot be used or renewed to attend a course other than one for which the visa was issued with the exception of a change to another faculty when conceded by the academic authorities and access to a university type course undertaken at the end of the stay in Italy or a medium/higher level course.
- 5) Residency permits for study reasons may be converted into work permits by acquiring a quota within the scope of the programming decree for work immigration influxes proving that the legal requirements for the type of work carried out have been fulfilled:
 - by the alien already regularly present in the country once he/she comes of age;
 - by the alien who has received a university degree or specialised degree in Italy after attending the relative courses in Italy.

For more details:

Italian version: http://www.portaleimmigrazione.it/ImmigrazioneNet/CDS_Stranieri.aspx

English version: http://www.portaleimmigrazione.it/ImmigrazioneNet/Download_Inglese.aspx#

Versione spagnola: http://www.portaleimmigrazione.it/ImmigrazioneNet/Download_Spagnolo.aspx

For general informations, call toll-free: 800 309 309

For information about insurance policy: www.inaassitalia.it

Other Useful Websites:

www.miur.it

www.esteri.it

www.study-in-italy.it

www.cimea.it

www.comune.milano.it

How do you submit your application?
What documents are required?
Where can you learn Italian?
How can you plan your journey for a scholarship?
How can you plan the travel?
Where can you find lodging?

How? What? Where?

Are you a foreign student and do you want to attend a
Master's Programme in Università Cattolica?

MASTER WELCOME SERVICE by the Catholic University in Milan
can give you helpful suggestions about planning
your education project in Italy

Email: welcomeservice.master@unicatt.it





Università Cattolica del Sacro Cuore
www.unicatt.it